1758750456688420332720483043318 4.jpg

The file you uploaded, **1758750456688420332720483043318 4.jpg**, is an image of a certificate from the National Academy of Sports Medicine (NASM). It shows that **Caglar Juan Singletary** was awarded the **Fitness Nutrition Specialist** credential on **September 14, 2012**, with **no expiration date**. The certificate number is **1426381**.

Would you like me to verify the credibility of this certification (e.g., how NASM's Fitness Nutrition Specialist course is recognized in the industry)?

⁂

Yes

The NASM Fitness Nutrition Specialist (FNS) certification is a respected credential in the fitness industry that equips professionals with comprehensive knowledge in fitness nutrition. It focuses on the relationship between nutrition and exercise to help clients achieve fitness goals.

According to the latest information (2024-2025), the NASM FNS certification does not expire and is considered a lifetime certification once earned. However, while recertification is not required, staying current with the latest nutrition and fitness research is strongly recommended for best practice. The program provides in-depth nutrition education and is recognized as valuable for personal trainers and fitness professionals to enhance client results and career opportunities.

In summary, the NASM Fitness Nutrition Specialist certification held by Caglar Juan Singletary is valid for life and is recognized as a credible and beneficial credential in the fitness and nutrition field.[3][4]

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1. 175875045668842033272048304331 84.jpg
2. 175875045668842033272048304331 84.jpg
3. https://www.exercise.com/grow/nasm-fitness-nutrition-specialist-fns-certification-review/
4. https://www.nasm.org/recertify/lifetime-recertification
5. https://www.nasm.org/recertify/nutrition-coach-renewal
6. https://www.nasm.org/recertify/recertification-and-renewal
7. https://www.ptpioneer.com/personal-training/certifications/nasm-fitness-nutrition-specialist/
8. https://www.nasm.org/resource-center/blog/how-to-become-a-certified-nutrition-coach
9. https://www.nasm.org/recertify/personal-trainer-recertification
10. https://traineracademy.org/certifications/issa-nutritionist-vs-nasm-cnc/